## **Ride around** Rockingham

Scenic rides around Rockingham and surrounds

## **TRAVELLING BY BIKE:**

Riding a bicycle is becoming increasingly popular in Western Australia. In addition to reducing traffic on our roads, cycling also improves health and fitness and is a fun and inexpensive way to get around.

From a stunning coastline and ancient lake systems, to a vibrant restaurant and café strip on the foreshore, Rockingham which is located 50 kilometres south of Perth, is jam packed with amazing attractions that can be easily accessed by bike via the Mandurah rail line. This map shows local shared paths, cycle friendly streets and train stations. Also featured are places of interest, local parks, shopping and rest areas, BBQ facilities and bike-specific infrastructure like bike racks and bike shops.

Use the Perth Bike Map Series 'Cockburn / Rockingham' if you choose to cycle between Perth to Rockingham or 'Ride around Mandurah' if you would like to extend your journey further south.









Time required to travel distance		
Distance (km)	15km/h (Easy Cycle)	30km/h (Fast Cycle)
1	4 mins	2 mins
2	8 mins	4 mins
5	20 mins	10 mins
10	40 mins	20 mins
15	60 mins	30 mins
20	80 mins	40 mins





## SHARED PATH SAFETY TIPS:

- Always give way to pedestrians.
- Ring your bell to alert others of your approach.
- Ride slowly around other path users.
- Allow adequate space when passing.
- Travel in single file.
- Keep left unless overtaking.

## **TRAVEL TIPS:**

- Plan your journey and know your route.
- Always wear a helmet.
- Make yourself visible to other road users
- Take a lock with you to secure your bike
- Take a bottle of water with you.

## HAND SIGNALS:



# **BIKES AND PUBLIC TRANSPORT:**

- You may take your bike on the train except during these times on weekdays:
- Towards the City Contro between 200pm 0.00pm
- Towards the City Centre between 7.00am-9.00am.
- Away from the City Centre between 4.30pm-6.30pm
- Cyclists are to use the lift, where provided, and walk their bike throughout train stations.

Please refer to the Transperth website for more details www.transperth.wa.gov.au

