



# Thinkbike workshop Australia

Arie Vijfhuizen 13-29 March

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# Who am I?

- Arie Vijfhuizen
- 52 years
- Married and two children (girl 16 and boy 13)

#### Leisure activity $\rightarrow$

 Running, internet, reading, photography, walking/cycling in the nature etc.

#### Work $\rightarrow$

- 6 ½ years RHDHV + about 20 years experience in: road design, road safety, spatial planning and project managing
- 24 years working for various Governments such as Ministry and various municipalities (including Amsterdam)





### Royal HaskoningDHV Who we are, what we do

Corporate Presentation March 2015

# What we do $\rightarrow$ Enhancing Society Together

Our Mission	Contribute	
Our Culture	Care	
Our Ambition	Inspire	
Our Vision	Enable	



# Where could you ask us about?

- Road design (also in 3D)
- Road safety
- Self explaining roads (with psychology)
- Save school environments
- Modelling (prognoses in traffic now and the future)
- Traffic lights and simulations
- Infrastructure
- Seconded at location
- Project managing
- A lot more about buildings, water, environment, etcetera.....



# Background

- Best practices from 'cycling country' the Netherlands
- Royal HaskoningDHV: market leader cycling in the Netherlands
- Royal HaskoningDHV: member of the Dutch Cycling Embassy



# The Netherlands & The World





#### MATCH = GATEWAY FOR EXPORT

EMBASSY

- > Independent
- > Organized
- > High quality
- > Translated
- > Dutch
- > Cycling Knowledge & expertise



# **Participants (members)**



Rijksoverheid Ministerie van Infrastructuur en Milieu







# **Policy making**

# Cycling mobility needs a package of measures





# Integral team of experts





# **Policy making for cycling (1)**

Make use of a trigger (e.g. air quality, traffic flow, road safety, sustainability, ...)

Fistsersbond

- Make use of the 3 pilars:
  - Hardware
  - Software







-53-

AND SAVES TOU HONE



Arnhem



OU ENT

Bemmel

Elst



# Policy making cycling (2)

- When you start making policy for cycling you have to realise:
  - To put the cyclist in the center
  - Cycling is part of a broader transport and traffic system







# **Basic Principles**

# **Basic principles**

Human being as measure of things  $\rightarrow$   $\rightarrow$  design from cyclists' point of view

- Characteristics
- Integral design
- Function, form and use
- 5 main requirements





# **Basic principles**

Human being as measure of things  $\rightarrow$   $\rightarrow$  design from cyclists' point of view

Differences:

Age

- Gender
- Physical capacities
- Reason for cycling







function:use of the road as intended by the road authoritydesign:the physical design and layout properties of the infrastructureuse:actual use of the infrastructure and behaviour of the road user







#### NEEDED = DOOR TO DOOR MOBILITY POLICIES Directness





Cohesion

5 main requirements



Attractiveness Royal HaskoningDHV



Cohesion

Cohesive whole (network / route)

From origin to destination

- availability
- ease
- quality
- freedom





Cohesion

#### Complete network:

• parallel routes

#### Complete routes:

- centres / main destinations
- high potential main routes

#### **Recognisability:**

route as such is clearly ongoing





Directness

As direct as possible (route)

From origin to destination Minimum travel time

- traffic flow speed
- stops (number and length)
- detours (distance)





Directness

#### Distance:

- minimal detours
- minimal bending and winding
- avoid illegal movements

#### Time:

• minimal number of stops or delay





Safety

#### Vulnerability

- (mass / speed / no technical provisions)

Save conditions:

- Separation in time or space
- big residential areas
- avoid dangerous routes
- short journeys
- shortest = safest
- ease
- avoid conflicts
- reduce speed





Safety

Crossing traffic conflicts:

minimal number of meetings

Vehicle separation:

• in case of major speed differences

#### Speed reduction:

• at level crossings main traffic routes

Road categories:

recognizable, uniform solutions

Sufficient visibility (day and night) Avoid obstacles



# Project 'The Forgiving Bicycle Path'



#### Client

Ministry of Infrastructure and Environment

Location The Netherlands

Completion 2015

Value (€) 0,5 < 1M

Project Manager Peter Morsink



### **Innovations in the Netherlands**









Comfort

Minimum nuisance and delay (journey)

Avoid additional physical effort

- smoothness of pavement
- hilliness
- chance of stopping
- weather
- traffic





Attractiveness

Cycling has to be pleasant (journey)

Varies per person and per motif; Psychological: perception

e.g.:

- quiet
- smooth
- safe
- beauty (nature / buildings)

#### Also: social safety





Attractiveness

#### Social safety:

- social control at busy routes
- safe alternative
  - visibility (surroundings)
  - public lighting
  - maintenance

#### Traffic nuisance:

 separation with busy traffic (motor vehicles) related to surroundings







# Network

# How to design a network?

- Define the area
- Select Origins and Destinations
- Distinguish O and D by importance
- Connect Origins and Destinations
- Distinguish main routes
- Cover the whole area
- Connect to surrounding areas



# **Network: example Skopje**



# **Network: example Sofia**





# **Network: example Sofia**




#### **Network: example Sofia**





#### **Network: example Sofia**









# Routes

### How to design a route?

- Define Origin(s) and Destination(s)
- Find and compare possible routes
- Advise related to main objectives
- Weight alternatives
- Think in opportunities
- Connect to other routes (existing and planned)



#### Cycleway Feasibility Study Associated With High Speed 2



Client Department for Transport

Location England, UK

Completion 2014

Project Manager Paul Stephens



#### Feasibility study and Design High Speed Bicycle Route 'RijnWaalpad'



#### Client

City Region Arnhem Nijmegen

#### Location

The Netherlands Arnhem - Nijmegen

Completion 2011

Value (€) 100 < 250 k

Project Manager Wim van der Wijk



### **Routes: where to implement**

Along (existing) arterial or back streets?

- Arterial:
  - Usual straight
  - Destinations
  - Mental map
  - Social controlled
- Back streets (residential areas, parks):
  - Safe (except crossings)
  - Attractive
  - Relatively cheap
- Disadvantages back streets more easily to compensate
- Arterials always available as alternative





#### **Routes: example pavement**



#### **Routes: example pavement**



#### **Routes: example closure**



#### **Routes: example contra flow**

- Common practice
- Still legal exception









#### **Routes: example shortcut**



#### **Routes: example shortcut**





#### **Routes: example shortcut / closure**









# **Sections and Junctions**

### **Bicycle Traffic Planning and Design**

Special attention to:

Sections:

- Bicycles and pedestrians
- Buses and bicycles

Junctions / crossing:

- Priority crossings
- Roundabouts



### How to design Bicycle Facilities

- Road categorization
- Through roads: Long distance traffic
- Distributor roads: Connects areas
- Access roads: Access to properties
- Urban area:

#### Consequences:

- Network
- Routes
- Sections
- Junctions









rsb

# **Sections**

#### **Design Basics – width requirements**

The dynamic width (actual width plus deviation) of a cyclist on the road may be taken as **1 metre** (LTN 02/08)



TfL - 2.0 metres minimum width for overtaking with care, 2.5 metres for safe or social cycling, at least 3 metres needed for comfortable two-way cycling

#### Sustrans Handbook, 2014



#### **Clearance to kerb / boundary**



Sustrans, 2014 – provides parameters for a 1.2 metre to 1.5 metre on-carriageway cycle lane

#### Table 2.1 Minimum clearances

Object	Distance from wheel to object (metres)
Kerbs under 50 mm	0.25 m
Kerb over 50 mm	0.5 m
Sign posts, lamp columns, etc.	0.75 m
Continuous features, e.g. walls, railings, bridge parapets	1 m

LTN 02/08 – provides parameters for a 1.25 metre to 2.0 metre cycle lane – UNCLEAR, SUPERSEDED BY LTN 1/12 TABLE 7.4, WHICH REFLCTS SUSTRANS HANDBOOK



### How to design Path / lane

Choose type of solution:

- Bicycle path or lane or bicycle street
- With or without mopeds
- One or two way bicycle traffic

Most important aspects:

- Separation
- Width
- Surface



### **Bicycle path / track**

#### Separate path:

Distributor roads Main bicycle routes Car parking Physical space

- Function ►width, surface
- Volume of cyclists ►width
- Mopeds ►width
- One or two way ▶width





#### **Bicycle path / track**

Examples: Separate bicycle path





### **Bicycle path / track**

Partition verge

- at least 0.35 m
- in the presence of lamp posts and/or two-way cycle track > 1.00 m
- in the case of vegetation or parking > 2.30 m
- from 30 m before side road < 0.35 m (for roads with V<sub>max</sub> < 70 km/h)</li>
- with fence > 0.70 m
- with barrier > 1.10 m



#### **Bicycle lane**:

- Little space ►low volume / speed
- Car parking •too high  $\rightarrow$  no lanes
- Function ►width
- Volume of cyclists ►width





#### Bicycle lane:

- Red colour
- Continuous line: 2.00 2.50
- Interrupted line: 1.50 2.00





#### **Examples: Bicycle lanes**







Up grade from lane to path:without using extra space





### **Bicycle street**

#### Bicycle street:

- Two directions
- Red colour
- No signs
- Max 200 pcu/hr
- Speed reduction





#### **Bicycle street**

**Examples: Bicycle street** 

See also: RijnWaalpad





#### **Shared use**

# Alternative: do nothing(combined use)Speed reduction







### 30 km/h zone

- Traffic calming
  - Speed
  - Volume

#### When is shared use acceptable?

Table 14. Option diagram for road sections inside the built-up area







11:11





### **Bicycles and Pedestrians**

#### **Pedestrian area**

• When is shared use acceptable?








**Pedestrian area** 









# **Pedestrian area**

- Bicycles / cyclists can raise attractiveness
- Usually not in indoor shopping centres
- Enforcement







# Greenways

- How to combine different usage?
  - Commuter cyclists: heading for home
  - Strolling pedestrians: leisure





- Expose potential conflicts
- Natural feeling separation (It is logic)
- Social security



# **Cyclists and pedestrians – hotels 1**





# **Cyclists and pedestrians - hotels 2**





# **Cyclists and pedestrians – hotels 3**









Bus lane → Separate Bicycle path





#### Exception





Exception





Combined use: Slow down speed





Combined use: Slow down speed





Without bus lane: 1. Separate path





2. Bus stop on bicycle lane





# 3. Bus bay(no bicycle lane)





4. Continuous bicycle lane





4. Continuous bicycle lane





5. Bicycle passage





5. Bicycle passage





5. Bicycle passage (accessibility bus stop)





6. Combined use Bus stop









# **Junctions**

# **Main requirements**

#### Applies to:

- Network
- Routes
- Sections
- Junctions

Function, form and use:

- Comprehensible
- Minimum number of conflicts
- Low traffic speed Design requirements:
- Cohesion not applicable



# How to design junction / crossing

Choose type of solution:

- Give way + additions (refuge island, speed hump, narrowing)
- Roundabout
- Traffic lights
- Grade separate (bridge, tunnel)
- Do noting (or minor adjustments)



# **Junction / crossing**

#### Type of junction: Distributor road – access road

	Table	24. Option table	e: district access roa Section 2: esta	id – estate acces ate access road o	ss road intersection so or solitary path Acce	lutions ss road
Distributor road	district access road, with or without (main) cycle route		l <sub>pcu</sub> < 500 pcu/h			I <sub>pcu</sub> > 450 pcu/h
		hourly intensity	no cycle route	cycle route	main cycle route	all situations
		1-1,000 pcu/h	right of way intersection		right of way intersection +	roundabout
		800 - 1,500 pcu/h	right of way intersection + supplementary measures		measures or roundabout	
		1,200 - 1,750 pcu/h	right of way intersection + supplementary measures, roundabout, intersection with TCS or grade-separated intersection (only for main cycle route where appropriate)			-
oike wo	Section 1: c	> 1,500 pcu/h	intersection with TCS or grade-separated (only for main cycle route where appropriate)			roundabout, intersection with TCS or grade- separated

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# **Junction / crossing**

#### Type of junction: Distributor roads

Table 25. Option table: district access road – district access road intersection solutions Section 2: district access road, with or without cycle route  $(I_2 \le I_1)$ **Distributor road** 1,> 1,000 1, < 1,200 pcu/day pcu/dav 1: district access road, with or without hourly intensity no cycle route main cycle all situations  $(I_1)$  pcu/h cycle route route 500 - 1,500 single lane roundabout (main) cycle route roundabout (if necessary with bypass or two-lane) or TCS 1.200 - 1,750 roundabout (if (multi-lane) necessary with roundabout bypass or twowith cycle tunnel lane) or TCS in busiest lateral direction (or TCS) Section ' > 1,500 (multi-lane) (multi-lane) TCS or roundabout or roundabout with grade-separated TCS cycle tunnel in busiest lateral direction (or TCS)

# Distributor road

# **Junction / crossing**

Additions:

- Speed hump / plateau
- Refuge island
- Narrowing
- Bollards
- Public Lighting
- Continuous material, colour



# Junction / crossing: Give way

Give way + additions:

- Function >type additions
- Volume of cyclists ►type, dimensions





# **Junction / crossing: Give way**

#### Examples: Separate crossing





# **Junction / crossing: Give way**

Examples: Give way





# **Junction / crossing: Roundabout**

#### Multi lane roundabout:









**Traffic lights** 





#### Bicycle friendly additions:

	2	include additional green light options for cyclists
	3	permit right turn through red
	4	give all cycling directions a green light at the same time
	5	accept motorised vehicle/ bicycle sub-conflicts
	6	set favourable standby time for cyclists
	7	increase cycling directions with priority along with public transport
	8	increase cycling directions with priority along with other directions
	9	set favourable phase sequence for cyclists turning left
	10	set green wave for bicycle traffic
	11	keep mutual conflicts between slow traffic outside of the control
	12	implement right turn through red
	13	introduce long distance detection/pre-request for cycle traffic
	14	introduce ECSL
I	15	increase flow capacity for motorised traffic
	16	set two-way green light

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shorten cycle time



#### Examples bicycle friendly adds

#### Green wave





#### Rain sensitive traffic lights



Examples bicycle friendly adds

#### All directions green





#### Waiting time predictors



Examples bicycle friendly adds




# **Junction / crossing: Grade separate**

#### Bridge or tunnel?

- Bridging ►tunnel
- Ecological ►tunnel
- Social safety bridge
- Costs ►bridge
- Spatial fit
  - ▶tunnel: "invisible"
  - bridge: architectural pleasing

Option: half bridge, half tunnel





### **Junction / crossing: Grade separate**

#### Examples bridge / tunnel





### **Junction / crossing: Do nothing**

Or add plateau / raised junction table











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# **Priority**

#### **Priority**

- Can cyclists have priority to cars?
- Main issue: safety









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# **Priority**



Inritconstructie met doorlopend trøttoir opritbanden 0,6m

3

#### **Priority**

Prefab Leicon drempels: lengte 1,0 meter hoogte: 8 cm

Bestaande fietspaden opbreken en afsluiten (groen aanbrengen) Bestaande fietsoversteek en plateau verwijderen

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Constanting in a

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#### **Priority**

Inritconstructie met doorlopend trøttoir opritbanden 0,6m

Prefab Leicon drempels: lengte 1,0 meter hoogte: 8 cm

Bestaande fietspaden opbreken en afsluiten (groen aanbrengen) Bestaande fietsoversteek en plateau verwijderen

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# Roundabouts

#### Why built roundabouts?

- High capacity
- Safe







### Capacity

- Typical capacity per type of roundabout
  - single lane roundabout
  - two-lane roundabout, single lane exits
  - two-lane roundabout, two-lane exits
  - turbo roundabout

25.000 veh/24h 30.000 veh/24h 40.000 veh/24h 60.000 veh/24h



In-company training Bicycle Traffic Planning and Design



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- Main safety advantages of roundabouts
  - actual speed is low
  - the number of conflicts is reduced
- no crossing conflicts
- predictable behavior (keeping lanes)

crossing







32 conflicts

9 conflicts

merging

8 conflicts



#### Risk figures

Type of junction Inside build up area	Accidents with injuries per million motor vehicle kilometers	Victims per accident with injuries	Fatalities per victim
<ul><li>3 legs with traffic lights</li><li>4 legs with traffic lights</li><li>3 legs without traffic lights</li><li>4 legs without traffic lights</li></ul>	0,13 0,15 0,09 0,08	1,21 1,19 1,92 1,56	0,04 0,05 0,07 0,06
<b>roundabout</b> (without traffic lights)	0,06	1,18	0,04



#### Important aspects:

- Inform road user in time
- Entrances should connect radial
- Narrow entrance and exit lanes
- Small entrance and exit radius
- Wide bend out
- Raise central island



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#### Example



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- Safe: Low speed
  - Speed hump





Safe: Blind spot









Priority: Single lane roundabout

Outside build-up area Priority to cars



#### Inside build-up area Priority to bicycles





#### Priority: Turbo roundabout







#### **Typical accident type**

• On turbo roundabouts with give way to **BICYCLES**:

Bad visibility due to other cars

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### **Bicycle crossing**

- With give way to **Bicycles**:
  - Smooth flow
  - On going coloured surface







### **Bicycle crossing**

- With give way to CARS:
  - Zig zag
  - No coloured surface







### **Spatial need turbo roundabout**

Reconstruction junction with traffic lights  $\rightarrow$  turbo roundabout





#### **Royal HaskoningDHV and roundabouts**







WSD

# **Bicycle Parking**

### **Main requirements**

#### Applies to:

- Network
- Routes
- Sections
- Junctions
- Parking

Level of quality related to function and (expected) use

Royal HaskoningDHV

Function, form and use:

- User convenience
- Theft prevention



#### **Essential for stimulating use of bicycle**

#### Cyclists' point of view:

- Theft prevention
- Damage prevention
- Clean and dry storage

#### Road authority point of view:

- Preventing blockage / nuisance for pedestrians
- Appearance public area



#### **Origin: Individual dwelling**

- Balcony
- Neighbourhood storage
- Lockable storeroom

#### **Destination:**

- Private storage / parking
- Public parking
  - Free or paid
  - Supervised or unattended



Examples origin:

- Balcony
- Lockable storeroom
- Neighbourhood storage







Examples destination:

- Private storage / parking
- Public parking
  - Free or paid







### How to design bicycle parking

#### Location typology:

- City centre:
  - shopping
  - night life
  - culture visits
  - working
  - living
- Old residential areas:
  - no indoor facilities
  - little public space
  - high dwelling density

- New residential areas:
  - indoor facilities?
  - more public space
  - lower dwelling density
- Companies / institutes:
  - workers
  - visitors
- Public transport stops:
  - "in a hurry"
  - theft prevention



- •Usage, e.g.:
- shopping:
  - relatively short stay
  - easy use
  - secure
- working:
  - long stay
  - comfortable (dry, secure)
  - indoor / own property
- public transport:
  - long stay
  - close by ("hurry") & on the way





Needed type of facility:

#### What is important:

- ease of use?
- stability?
- theft prevention?
- clean and dry storage?







#### **Fietsparkeur**



#### **Bicycle Parking Facility Utrecht Central Station**



#### Client

Ector Hoogstad Architecten

Location

Utrecht, The Netherlands

Completion ongoing

Value (€) 0,1 < 0,5 M

Project Manager Wim van der Wijk






# Manual design safe school environment

### Manual design safe school environment

Cliënt: Amsterdam Urban Region

- Examples and answers to frequently asked questions
- To use for each location





# **Stakeholders**

- The school, teachers
- The children and their parents
- The municipality
- The police and other emergency services
- Public transport society
- Residents
- Consultancies
- Businesses and shops in the vicinity, etc.



# Working group

#### Actions:

- Determining the boundary of the school zone
- Analysing school environment
- Home-school routes

Goal and tasks:

- Safe school environment
- Self explaining roads → Infrastructure
- Agreement on measures



## **General mindset**

#### Research

Inventory the traffic school-home unsafe points on the route

#### Design school environment

- Street for school is completely car-free (or at times when school starts and goes out)
- Entrance school never in a 50 km/h street
- If possible use multiple school entrances (walkers, cyclists and motorists)
- Children not directly from schoolyard on the road (running or cycling) → use for instance number signs

#### School-Home routes

■ Safe walking / cycling routes to school → important



## **Follow-up**

#### Implementation of measures

- In the holidays
- Communication

#### Evaluation (monitoring)

- Speed Measurements
- Behaviour in Traffic
- Enforcement



# Method safe school environments

Method "Octopus"

Method "Julie"











# Method safe school environments

#### Method "Child Ribbon"

Method "School zone"









### **10 rules for a safe school environment**

- 1. Safe route to school
- 2. Schoolyard entrance is safe
- 3. Safe crosswalk
- 4. There is a safe school exit
- 5. Children have unobstructed view
- 6. Sufficient waiting area for parents
- 7. Bike racks for parents
- 8. Sufficient bike storage for children
- 9. If applicable: the school bus gets the best parking space
- 10. (Traffic parent and) traffic Commission



# Julie - concept

- Apply limited
- Attention function
- Crosswalks
- Kiss & Ride
- School side







### Julie - concept







# **Busy arterials**

### Example











### Example





### Questions



